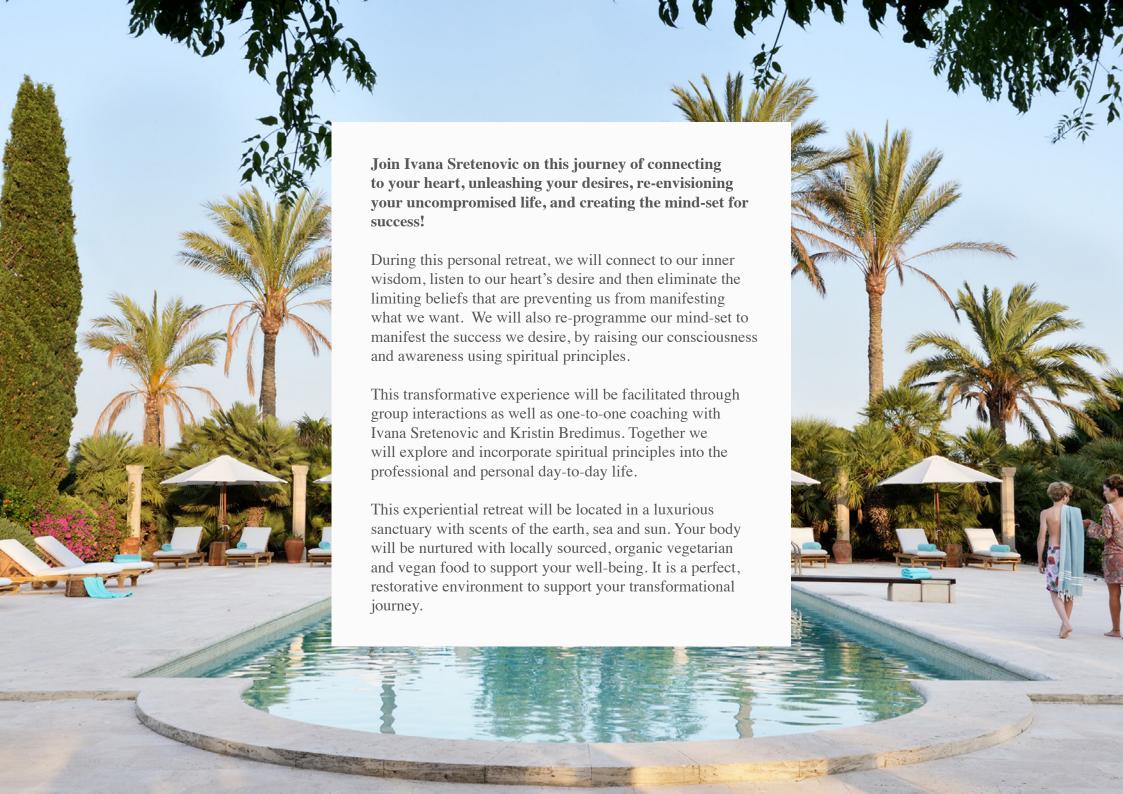


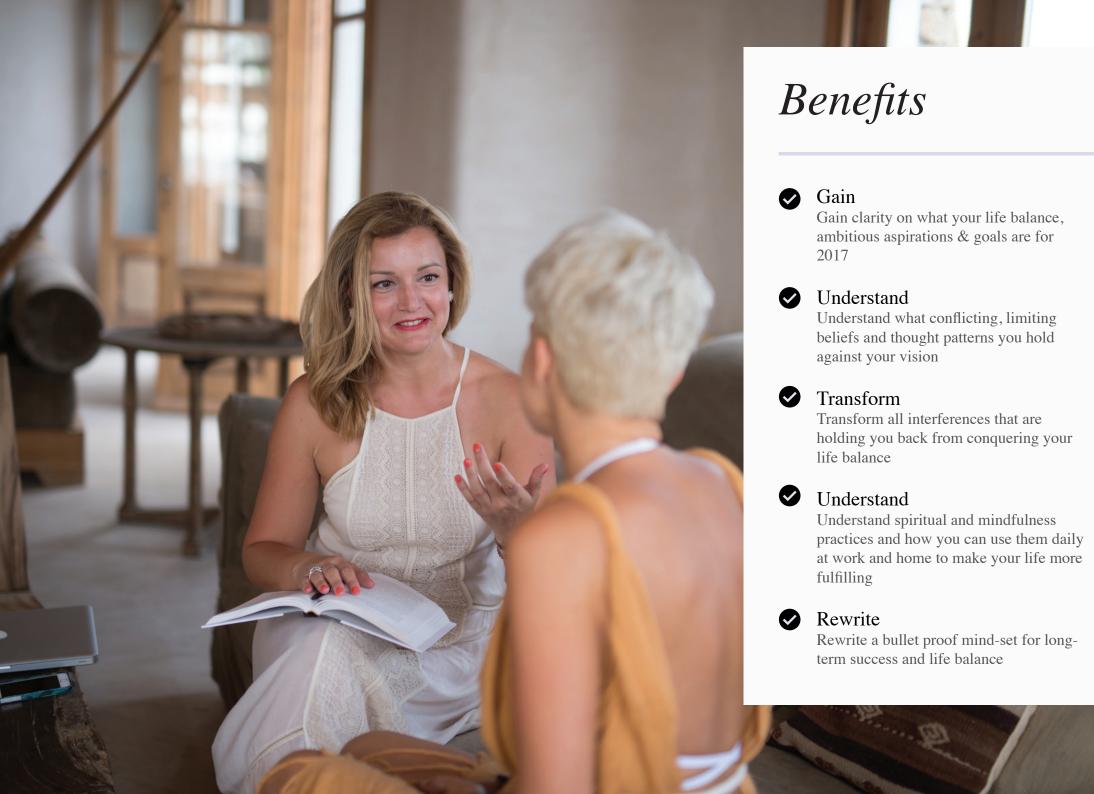
"I believe we are all extraordinary and that we each have the power to create the life we desire. Everything I do and share comes from my personal experience and continuously evolving life journey.

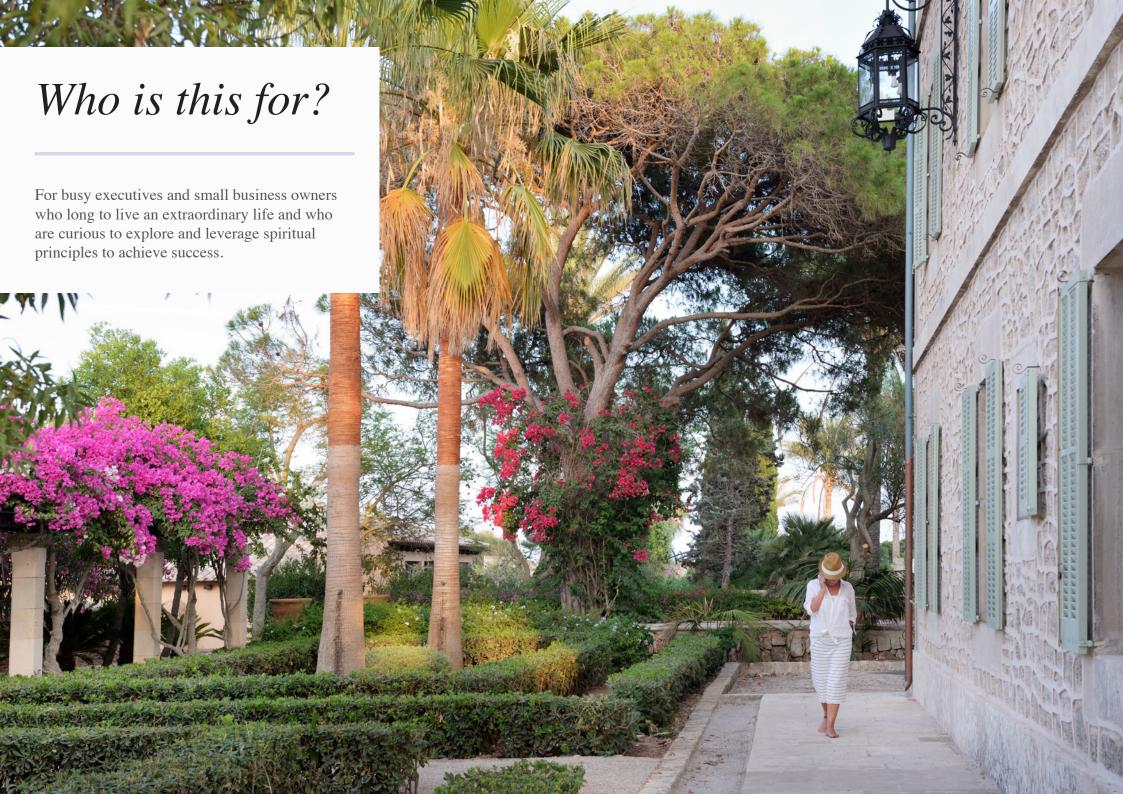
I am passionate to share the learnings and spiritual principles that have been key to the on-going transformation of my life. My business growth and success are a reflection of my personal growth."

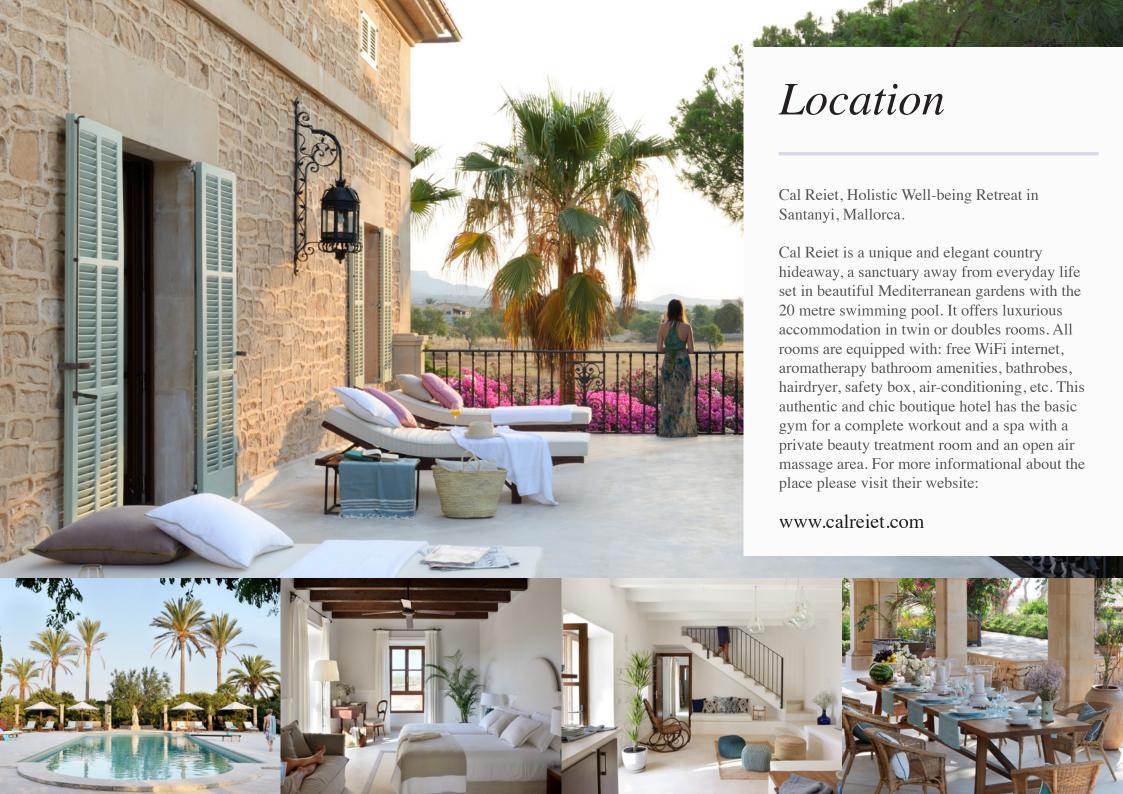
Ivana S











Schedule

Thursday, 20th Oct

Welcome drinks and light dinner (from 17h)

Friday, 21st Oct

Morning:

- Yoga
- Meditation
- Group workshop:
 Conquering Work-Life Balance Vision 2017

Afternoon:

Individual and personalised

1:1 transformational & spiritual coaching and energy healing with Ivana & Kristin

Evening:

Boat cruise & offsite dinner

(if weather permits)

Saturday, 22nd Oct

Morning:

- Yoga
- Meditation
- Group workshop:

Deep dive into understanding limiting and conflicting beliefs, releasing and replacing them with bullet proof beliefs for success

Afternoon:

Individual and personalised

1:1 transformational & spiritual coaching and energy healing with Ivana & Kristin

Evening:

On-site dinner

Sunday, 23rd Oct

Morning:

- Yoga
- Meditation
- Interactive workshop:
- with nutritionist

Group workshop:

Transforming mind-set and embodying energetic transformation to success (closure by 12.30 p.m.)

Optional:

Lunch & an afternoon activity: for example, walking, cycling, balloon flight, sailing lessons, water skiing, (please RSVP if interested)

Fees

The total investment is £2,745* per person.

Early bird offer is £2,300* per person for bookings before 2nd September.

*(no VAT required)

The fee is inclusive of accommodation, private airport transfer, all meals, nutritionist workshop and one group activity.

Considering the intimate and personalised nature of this retreat, the places are limited to 9 spaces. A deposit of £500 is required upon registering. Balance to be paid in full by October 1st.

Spouses and children are welcome and can be accommodated upon a request.

The spaces are filled on a first come and first serve basis, followed by a short interview to ensure the right fit.

In case of cancellation, no refunds will be given post 1st October.

If you would like more information or to make a booking enquiry:

E: ivana@ivana-s.com T: +44(0)7747052593



About



Ivana Sretenovic

is passionate about helping and empowering ambitious executives to find their inner balance, unleash their fullest potential, explore choices that empower, challenge, and inspire them to reach their highest level of performance launching and growing conscious businesses they desire.

After spending almost thirteen years as an MBA Executive in global blue chip organisations— specialising in strategic transformation, sales and marketing, and launching new businesses in new global locations— Ivana left to start her own business in 2013. She is a Transformational Business Coach and Consultant for highly ambitious, motivated executives who learn to thrive both spiritually and financially by launching and growing businesses that they love.

www.ivana-s.com



Kristin Bredimus

is a Spiritual Consultant, trained at the School of Intuition and Healing and the College of Psychic Studies in London. She is an intuitive healer, specialising in energy wellness and the removal of programs, thought forms and limiting beliefs. Kristin's style is down-to-earth and heartfelt, empowering her global clients and US and UK based students towards self-healing and an expanded consciousness.

www.kristinbredimus.com

